


**KAI-YAMATO STATION
TO
KOFU STATION**



TRAVELER PROFILE

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ALWAYS TRAVELS WITH: A CAMERA

Location: Kofu City

14 Around Kofu Station

Kofu City is the largest town in Yamanashi and its economic heart. Kofu Station has a cluster of shops, cafes and a castle park, and is a short bus ride to Takeda Shrine.

15 Shingen-ko Festival

In early spring, crowds of people flock into Kofu City to celebrate the legacy of the famous Sengoku Period warlord, Takeda Shingen. A re-enactment of the Koshu Battalion Deployment - the highlight of the festival - is a must-see for all samurai fans.

16 Shosenkyo Gorge

Need some fresh air? Come hike along the picturesque Arakawa River to one of Japan's most beautiful gorges. Souvenir shops, cafes and a shrine are also within walking distance.



Cultural Note!

「ほうとう」
hōtō noodles



Although generally categorized as a type of udon, local people in Yamanashi see hōtō as a distinctive noodle. Compared to regular noodles, they are wider, and are served in miso based soup with lots of pumpkin, mushrooms and seasonal vegetables. This well-balanced country food has its origin in a Chinese food called hakutaku, introduced into Japan in the Heian period by a Chinese Zen priest. It was later modified by Lord Shingen as a nutritional provision for battle. It is easy to prepare and incredibly delicious!



Location: Koshu City

9 Ohikage Tunnel Walking Trail

First built in 1896, Ohikage Tunnel connected Tokyo and Yamanashi. It was one of the most important infrastructures which supported the booming wine industry in Koshu City during the Meiji Period. After the New Ohikage Tunnel was built next to it, this old tunnel was turned into a historical walking trail.

Location: Enzan City

10 Old Takano House

Formerly owned by a licorice cultivator in the middle of the Edo Period, Takano's 230-year-old house is a representative old town house typical of the local area. If you are interested in traditional Japanese architecture or regional histories, this is a good place to start.

Location: Fukefuki City

12 Foot Spa

If you are planning a long day trip along the JR Chuo Line, stop by Kasugaicho Station 甲斐春日居町 for the city-run foot spa free of charge.